

Insurance Checklist

Your Name: _____

DOB: _____

Please Call Your Insurance Company and Ask the Following Questions To Inquire About Your Coverage for a TENS Therapy Machine.

Am I Covered for TENS Therapy Machine? **Yes No**

Are There any Limitations to Machines I Can Select? **Yes No**

Who Can Prescribe a TENS Therapy Machine?
Medical Doctor, Chiropractor, Physiotherapist

Who Can Dispense TENS Therapy Machines
Chiropractor, Naturopathic Doctor, Physiotherapist

What Is my Coverage Limit for TENS Therapy Machines: \$ _____

What Is my Deductible for TENS Therapy Machines? \$ _____

What Percentage of the Amount Eligible Is Covered by Insurance?
_____ %

Is There a Limit to How Many TENS Therapy Machines I May Receive?
Yes No

Notes:

Disclaimer: It is the responsibility of the patient to ensure that all documents and conditions as outlined by the insurance company are met for reimbursement. This worksheet has been developed to help you inquire about the coverage you may have under your health plan. Please note that this worksheet may not be complete, and you may require additional information/documentation than what is outlined below. For more information please contact your health insurance company. Our clinic is not liable for any payments or claims denied by your insurance provider.

Patient Checklist

☐ Check Insurance

☐ Medical Prescription

Documents Required

☐ Medical Prescription

☐ Receipt

We Are Pleased To Offer DJO
TENS Therapy Devices, Which Are
Professional Grade, And Offer An
Industry-Leading Warranty.

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www.muscleandjoint.ca

TENS Therapy



Muscle & Joint Clinic

What Is TENS Therapy?

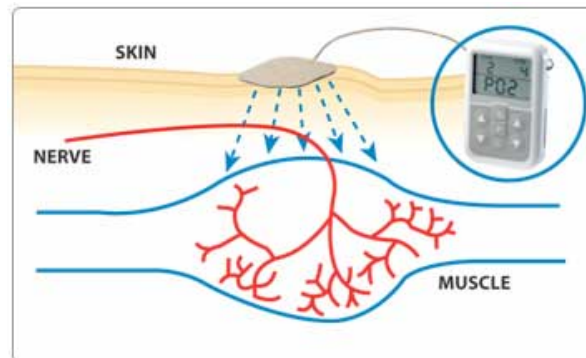
Transcutaneous electrical nerve stimulation (TENS) is a therapy that uses low voltage electrical current to provide pain relief. A TENS unit consists of a battery-powered device that delivers electrical impulses through electrodes placed on the surface of your skin. The electrodes are placed at or near nerves where the pain is located or at trigger points.



How Does TENS Work?



There are two theories about how transcutaneous electrical nerve stimulation (TENS) works. One theory is that the electric current stimulates nerve cells that block the transmission of pain signals, modifying your perception of pain. The other theory is that nerve stimulation raises the level of endorphins, which are the body's natural pain-killing chemical. The endorphins then block the perception of pain.



What Does TENS Treat?

TENS therapy has been used or is being studied to relieve both chronic (long lasting) and acute (short-term) pain. Some of the most common conditions for which TENS has been used include:

- Osteoarthritis (disease of the joints).
- Fibromyalgia (aching and pain in muscles, tendons, and joints all over the body, especially along the spine).
- Tendinitis (an inflammation or irritation of a tendon).
- Bursitis (inflammation of the fluid-filled sacs that cushion joints).
- Labor pain.
- Low back pain.
- Chronic pelvic pain.
- Diabetic neuropathy (damage to the nerves that connect the brain and spinal cord to the rest of the body).
- Peripheral artery disease ("hardening of the arteries" that circulate blood to the body).