#### Insurance Checklist

### Your Name: Please Call Your Insurance Company and Ask the Following Questions To Inquire About Your Coverage for Custom Foot Orthotics and Orthotic Shoes. Am I Covered for Custom Foot Orthotics? Yes No Am I Covered for Off-the-Shelf Shoes? Yes No Are There any Limitations to Shoes I Can Select? Who Can Prescribe Custom Orthotics? Medical Doctor, Chiropractor, Physiotherapist Who Can Dispense Custom Orthotics? Chiropractor, Naturopathic Doctor. Physiotherapist What Casting Techniques Are Covered? Foam Box Gait Scan 3-D Scan What Is my Coverage Limit for Custom Orthotics: What Is my Deductible for Custom Orthotics? What Percentage of the Amount Eligible Is Covered by Insurance? Is There a Limit to How Many Orthotics I May Receive? Yes No Notes:

Disclaimer: It is the responsibility of the patient to ensure that all documents and conditions as outlined by the insurance company are met for reimbursement. This worksheet has been developed to help you inquire about the coverage you may have under your health plan. Please note that this worksheet may not be complete, and you may require additional information/ documentation than what is outlined below. For more information please contact your health insurance company. Our clinic is not liable for any payments or claims denied by your insurance provider.

### Patient Checklist

Check InsuranceMedical Prescription

### Documents Required

Receipt
Orthotic Order Form
Bio-mechanical Form
Proof of Manufacturing
Lab Invoice (optional)

Medical Prescription

Call Today For A <u>Free</u> Orthotic Consultation!

Mississauga: 905-593-1605

www.muscleandjoint.ca

## Custom Made Orthotics

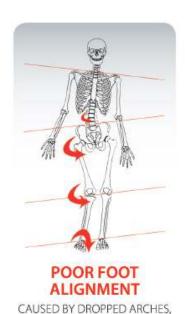




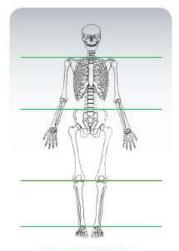
### What Are Orthotics?

Orthotics are custom support devices that can be inserted into the shoe to support, align, prevent and/or accommodate foot deformities and improve foot function. Used in conjunction with appropriate footwear, a foot orthotic can be effective in helping to treat a number of foot and lower limb problems, including heel, arch and forefoot pain, shin splints, as well as pain and complications related to health conditions such as diabetes and arthritis.

# Orthotics Help Align Your Body!



FLAT FEET, PRONATION



POSTURE USING

ORTHOTIC INSERTS

Orthotics help to maintain the normal positioning of the bones in the foot, the joints in the ankles and knees, leading up to the hips and lower back. The structure of the feet can be aligned to give more propulsion, making walking, running and even cycling more efficient biomechanically.

## Conditions Treated

Orthotic devices can help treat the following conditions:

- Heel Pain
- Bunions
- Hammertoes
- Calluses
- Achilles Tendinosis
- Knee Pain
- Shin Splints
- IT Band Syndrome
- Metatarsalgia



